

Lesson Plan April 7th

Objectives

- Students will be able to discuss summer activities in Kamloops and their home country
- Students will be able to read and understand a short article and answer comprehension questions about said article

Materials

- Kamloops Summer Activities Video:
<https://www.youtube.com/watch?v=vECIHn9gANU>
- Summer Sun Safety Article: <https://thewestcoastreader.com/summer-sun-safety/>
- Video discussion questions
- Article discussion questions

Intro (2 minutes)

- Warm-up (5- 8 minutes)
 - Students will choose a spot in a circle on the powerpoint using the interactive whiteboard
 - Students will be given 5 seconds to take turns saying words or phrases related to healthy activities
 - Once each student says one word or phrase, the warm-up is finished

Activity 1: Kamloops Summer Activities (10 minutes)

- Teachers will play a video about summer activities one can do in Kamloops
- Students will watch the video and try to remember as many activities that they can
- Students will discuss the following questions as a class:
 - Which activities did you see in the video?
 - Are you in Kamloops or the surrounding area?
 - If you are in Kamloops, which activities have you tried or would like to try?
 - Which activities are available in your country?

Activity 2: Summer Sun Article Reading (20 minutes)

- Teachers will go over the following vocabulary with the class:
 - **Heat exhaustion:** the body is over-heated causing sickness
 - **SPF:** Sun Protection Factor
 - **UVA:** (say – **ul**-tra-vi-yo-let); Ultraviolet A are harmful Ultraviolet rays.
 - **UVB:** Ultraviolet B (not as strong as UVA)

- Teachers will put students into four breakout rooms
- Students will then read the article by themselves and answer one question per paragraph about the article with their groups:
 - Paragraph 1: What is heat exhaustion? Have you ever experienced it?
 - Paragraph 2: Where should you sit when you are outside in the sun?
 - Paragraph 3: What is an example of “sun smart clothing”?
 - Paragraph 4: Where on your body should you remember to put sunscreen?
 - Paragraph 5: What kind of sunglasses should you look for?

Exit Ticket (8 Minutes)

- Students will be asked to provide the following feedback in shared notes:
 - How have our classes helped you learn?
 - How could we have helped you learn more?
 - Do you have any other comments for us?